



# Breakfast MENU

## *Breakfast Favourites*

### **English Breakfast — €8.50**

Cumberland sausages, bacon, fried eggs, mushrooms, tomato, hash browns, baked beans, toast

### **Vegan Breakfast — €8.50 (V) (VG)**

Hash browns, scrambled tofu, beetroot chickpea patties, roasted cherry tomatoes, mushrooms, baked beans, toast

### **Breakfast Burrito — €6.80**

Scrambled eggs, Cumberland sausages, avocado, cheese, hash browns



*English Breakfast*

## *Cured Salmon Toastie*



## *Toasties Section*

*Choose your own bread - Maltese 'Xiklun' Bread, White or Brown Loaf*

**Ham and Cheese Toast — €2.50**

**Fried Egg and Tomato Toast — €2.75 (VG)**

**Bacon and Cheese Toast — €3.00**

### **Open Toasted Sandwiches**

**Cured Salmon — €5.75**  
Chive cream cheese

**Tuna — €4.00**  
Egg mayo, red onions

**Chicken — €4.75**  
Mashed avocado, crispy onions

*If you have any special dietary requirements or allergies  
please do not hesitate to speak to one of our servers*

**(V) - Vegan (VG) - Vegetarian**

## *Eggs & Classics*

### **Eggs Benedict — €6.50 (VG)**

Poached eggs, mashed avocado, hollandaise sauce  
Feeling extra?

- Why not add cured salmon €3.00
- Add Brie €2.50
- Go classic with bacon €2.00
- Or keep it simple with mushrooms €1.50



**Eggs Benedict**

### **Scrambled Eggs — €6.30 (VG)**

Scrambled eggs, spinach, feta, served on Maltese 'Xiklun' bread with a petit salad

### **3-Egg Omelette — €7.50 (VG)**

Served with fries and petit salad

Choose 3 ingredients: ham, cheese, onions, mushrooms, tomato, spinach, peppers

Want to add more?

- Fresh salmon €2.00
- Bacon €1.00



**Scones**

## *Light Bites*

### **In-House Made Scones — €3.75 (VG)**

Sweet scones with cream cheese and strawberry jam

or

Savoury cheese scones with cream cheese and tomato chutney

### **Savoury Vegan Muffin — €4.00 (V) (VG)**

Served with mashed avocado and tomato salsa

## *Breads & Wraps Section*

### **Veggie Ciabatta — €5.50 (V) (VG)**

Beetroot chickpea patties, tomato salsa, mashed avocado, rocket leaves

### **Beef Baguette — €6.50**

White or brown baguette

Roast beef, Gorgonzola, caramelised onions, cucumber, lettuce

### **Chicken Wrap — €5.50**

Chicken, coleslaw, cheese, lettuce, tomato, boiled eggs, mayo

### **Serrano Focaccia — €5.50**

Serrano ham, olive tapenade, rocket leaves, roasted pumpkin, balsamic reduction



**Serrano Focaccia**

### **Make it a meal:**

- Add petit salad & fried tortilla chips €1.50
- Add fries €1.50
- Or go for sweet potato fries €2.00



**Vegan Porridge Bowl**

## *Something Sweet*

### **Classic French Toast — €6.00**

Berry compote, maple syrup

### **Vegan Porridge Bowl — €5.95 (V) (VG)**

Oats, almond milk, fresh banana, wild berries, granola, almonds, chia seeds, maple syrup



# Lunch MENU

## Salads

### Veggie Salad — €9.25 (V) (VG)

Rocket leaves, spinach, cucumber, beetroot chickpea patties, leeks, peaches, almonds, mint leaves, balsamic vinaigrette

### Barley Salad — €8.95 (V) (VG)

Tomatoes, walnuts, roasted pumpkin, feta or tofu, mint leaves, olive oil, mustard dressing

### Quinoa Salad — €7.50 (V) (VG)

Chickpeas, red onion, cherry tomatoes, cucumber, spinach, lemon Dijon dressing

### Rice Salad — €5.50 (VG)

Carrots, black olives, boiled eggs, caramelised onions, sun-dried tomatoes, basil pesto

### Salad Add-Ons

Feeling extra?

- Maltese peppered cheeselet €1.00
- Tofu €1.50
- Maltese sausage €1.50
- Tuna €2.00
- Bacon €2.00
- Chicken €2.00
- Serrano ham €2.50
- Beef €2.50
- Cured salmon €3.00
- Mozzarella di bufala €3.50



**BLTC Double Decker**

### Quinoa Salad



## Double & Triple Deckers

### Salmon Double Decker — €8.75

Served with fried tortilla chips and petit salad  
Cured salmon, cream cheese, mashed avocado, baby spinach

### BLTC Double Decker — €6.75

Served with fries  
Bacon, lettuce, tomato, cheese, mayo, ketchup

### Chicken Triple Decker — €9.00

Served with fries and petit salad  
Chicken, Serrano ham, tomato, egg, cream cheese



## Nibbles

Fries — €3.00

Sweet Potato Fries — €4.00

## *Pancakes & Crepes*

### *Savoury*

**American Stack — €6.75**

Maple syrup, bacon

**Loaded Breakfast — €8.50**

Bacon, Cumberland sausages, fried eggs, maple syrup served on the side

**Scrambled Eggs — €6.50**

Scrambled eggs, Maltese sausages, cheese

**Veggie — €5.50 (VG)**

Baby spinach, mushrooms, Grana cheese, sautéed onions



### *Scrambled Eggs*

### *Sweet*

**Banoffee Lovers — €6.00 (VG)**

Fresh banana, caramel sauce, crumbled biscuits, whipped cream, chocolate drops

**Salty Snickers — €6.50 (VG)**

Hazelnut spread, peanut butter, roasted peanuts, caramel sauce, chocolate drops

**Berry Nice — €6.75 (VG)**

Strawberries, crumbled biscuits, hazelnut spread, strawberry sauce, whipped cream

**Biscoff Crazy — €5.50 (VG)**

Cinnamon crumble, Biscoff spread, apples, caramel sauce, vanilla ice cream

**Vegan Way Pancake — €7.50 (V) (VG)**

Fresh banana, berry compote, almonds, coconut

**Pure Balance Stack — €5.75 (VG)**

Greek yoghurt, wild berries, walnuts, maple syrup



### *Vegan Way Pancake*



### *Biscoff Crazy*

**Kids Menu — €6.50**

*Choose one:*

- *Chicken nuggets and fries*
- *Sausages and fries*
- *Fish fingers and fries*



### *Fish Fingers & Fries*

